



Thursday, September 26, 2013

7:30 – 8:30am Registration and Continental breakfast

8:30 – 9:00am Welcome and Greetings from the Minister
Honourable Fred Horne, Minister of Health

9:00 -10:00 am Featured Speaker

Accredited ■ **Featured Speaker: Barbara Jaworski**

10:00- 10:30 am DISPLAY BREAK

10:30 – 11:40 am Concurrent Breakout Sessions

Accredited ■ **Addressing Elder Abuse in Alberta: A Strategy for Collective Action**
Lori Therrien/Linda Bernicki, Alberta Health

Accredited ■ **Building Lifelong Communities: The Rural Way**
Lori Kovacs, Community Development Society / Phil Unland, Rural Seniors Housing Volunteer

Accredited ■ **Seniors Health Risk Management: A Team Approach**
Cheryl Henry, Calgary Zone of Alberta Health Services:

11:40am -12:30 pm Lunch and Displays

12:30 – 1:30pm Featured Speaker

Accredited ■ **Featured Speaker: Dr. Susan McDaniel**

1:30 – 2:00 pm DISPLAY BREAK

2:00 -3:10 pm Concurrent Breakout Sessions

Accredited ■ **What Can Organizations do to Engage KAA-Boomers?**
Barbara Jaworski

Accredited ■ **Collaborative Research Initiative: Research and Innovation in Seniors Mental Wellness**
Cathy Aspen, Alberta Health Services

Accredited ■ **Use it or Lose it: A Prescription for Successful Aging:**
Dr. Jennifer Copeland, University of Lethbridge

3:15 – 4:25 pm Concurrent Breakout Sessions

- Accredited** ■ **Elder Abuse Community Response Models – Two Perspectives**
Jennifer Gurke, Elder Abuse Response Model Coordinator (Calgary) / Acting Sergeant Graeme Smiley, Calgary Police Service / Anne McIlwaine, Calgary Family Services/Jennifer Payne, Lethbridge Elder Abuse Response Network (LEARN)
- Accredited** ■ **Examining Seniors' Centres in Alberta as Centres of Excellence**
Dr. Kyle Whitfield/Dr. Jason Daniels, University of Alberta
- Accredited** ■ **Living Healthy: A Model of Inclusion for Seniors with Disabilities**
Stacey Kowbel Phd / Jenny Kelly, Vecova Centre for Disability Services and Research

5:00 – 7:00 Networking Reception
Friday, September 27, 2013
7:00– 7:50am Registration and Continental breakfast
7:50 – 8:10 am Welcome and Greetings from the Associate Minister

Honourable George VanderBurg, Associate Minister of Seniors

8:10 – 9:30am Keynote Speaker

 ■ **Keynote Speaker: Lloyd Robertson**
9:50 – 11:00 am Concurrent Breakout Sessions

- Accredited** ■ **Ability over Age: Assessing Older Drivers**
Dr. Charles Scialfa, University of Calgary
- **Caring for the Whole Person: a Case Management Approach**
Bernice Sewell-Seniors Association of Greater Edmonton (SAGE)
- **It's More Than Money: A Holistic Approach to Retirement Planning**
Panel Discussion facilitated by Peter Faid
Sarah Carr, Alberta Health/Kierstin Kashuba- Alberta Health/Connie MacDonald- Office of the Public Guardian/Don Szarko-Alberta Motor Association/Wes Leavitt-Investors Group
- **An Examination of Best Practices in Multi-Service Seniors Centres**
Luanne Whitmarsh, Executive Director, Kerby Centre

11:05 – 12:15 pm Concurrent Breakout Sessions

- Accredited** ■ **Brain Plasticity**
Dr. Robbin Gibb / Dr. Bryan Kolb, University of Lethbridg
- **Community Working Together = Well-being of Our Seniors**
Amanda Ens, City of Red Deer / Dawna Morey / Monica Morrison, Golden Circle Seniors Resource Society
- **Caring for the Caregiver: A Community Development Approach**
Anna Mann / Bonnie Hoffmann, Alberta Caregivers Association

■ **Monitoring and Licensing of Supportive Living and Long-Term Care Accommodations**

Judy Erickson, Alberta Health / Kevan Jess, Chief Fire Administrator, Province of Alberta /
Dave Brown, Alberta Health Services

12:15 – 1:00 pm Lunch

1:00 – 2:10 pm Concurrent Breakout Sessions

Accredited

■ **Older Canadians: Benefit or Burden?**

Peter Faid, Community Services Consulting

■ **Creative Program Initiatives Promoting Healthy Living for 50+**

Tracy Smyth, Manager of Recreation, Town of Cochrane/ Doug Campbell, Chair of Cochrane
Friendly Games Committee/Lloyd Manning and Bruce Pettigrew, Cochrane Hiking Club

■ **The Value of Recreation and Socialization in Seniors Wellness: The Alberta 55 Plus Games**

Dennis Allen, Director, Marketing and Provincial Sport Branch
Alberta Sport, Recreation, Parks and Wildlife Foundation, Vern Hafso, President, Alberta 55
Plus (ASCSRA) Association

■ **Seniors 101**

Peggy Barone/Corina Cole, Alberta Health-Seniors Services and Continuing Care Division,

2:20 – 3:30 pm Global Drums performance